

**2013 FLOW  
Men's Results**

**0.6 Mile Swim**

**Overall and 50-59 Age Group**

<b>Bib</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>M/F</b>	<b>City</b>	<b>State</b>	<b>Distance</b>	<b>Time</b>	<b>Place</b>
112	Patrick	Serpa	51	M	Tracy	CA	0.6 mile	18.08	1
350	Jim	Davis	55	M	Roseville	CA	0.6 mile	22.21	2
109	Dan	Valentini	52	M	ROCKLIN	CA	0.6 mile	29.25	3

**1.2 Mile Swim**

**NOTE: Times in excess of 60 minutes will show only minutes:seconds.tenths**

**Overall**

<b>Bib</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>M/F</b>	<b>City</b>	<b>State</b>	<b>Distance</b>	<b>Time</b>	<b>Place</b>
264	Owen	Yancher	15	M	Davis	CA	1.2 mile	28:22.9	1
227	Peter	Hradecky	50	M	Roseville	CA	1.2 mile	30:09.0	2
210	Shane	Bonnar	45	M	Roseville	CA	1.2 mile	30:51.2	3
250	Kevin	Seals	31	M	Rocklin	CA	1.2 mile	30:54.2	4
265	Ross	Yancher	59	M	Davis	CA	1.2 mile	31:29.3	6
256	Logan	Trudell	19	M	Rocklin	CA	1.2 mile	32:23.3	7
240	Steve	Palmer	41	M	New Castle	CA	1.2 Mile	32:25.0	8
238	Mark	Nordberg	41	M	Sacramento	CA	1.2 mile	33:16.6	10
218	dennis	ehrenberger	48	M	roseville	CA	1.2 mile	33:27.2	11
266	Brendan	McKeen	15	M	Windsor	CA	1.2 mile	33:42.3	13
204	Garrison	Carter	18	M	wilton	CA	1.2 mile	33:48.4	15
211	Peter	Brinckerhoff	66	M	Rocklin	CA	1.2 mile	35:40.4	18
263	Dan	Winterrowd	62	M	Pilot Hill	CA	1.2 mile	35:43.4	19
241	Cody	Palmer	22	M	Roseville	CA	1.2 mile	36:29.2	20
260	William	Vogler	54	M	Placerville	CA	1.2 mile	36:30.8	21
333	Paul	Stock	60	M	EL DORADO HILLS	CA	1.2 Mile	37:03.1	22
268	Jonathan	Morrison	44	M	Roseville	CA	1.2 mile	37:19.4	23
231	robert	lawrence	44	M	roseville	CA	1.2 mile	40:22.4	33
226	William	Hooks	39	M	CA	CA	1.2 mile	40:43.6	35
270	Matt	Cassayre	43	M	Rocklin	CA	1.2 mile	41:23.7	37
275	Tom	Kreuger	54	M	Auburn	CA	1.2 mile	41:28.6	39
258	Robert	Ueltzen	62	M	Fair Oaks	CA	1.2 mile	42:57.4	42
267	Andrew	Barrow	29	M	Victorville	CA	1.2 mile	43:15.4	47
254	Matt	Swanson	48	M	Folsom	CA	1.2 mile	43:23.6	49
269	Joe	O'Flaherty	66	M	Auburn	CA	1.2 mile	43:42.6	50
213	Geoff	Capell	70	M	Lincoln	CA	1.2 mile	43:44.8	51
323	keith w	miller	61	M	sacramento	CA	1.2 Mile	44:06.1	53
222	Jason	Gardner	43	M	Folsom	CA	1.2 mile	46:04.2	60
280	Howard	Alpert	65	M	El Dorado Hills	CA	1.2 mile	48:24.2	64
205	Sunny	Bae	32	M	Sacramento	CA	1.2 mile	49:03.9	66

246	Bill	Roehr	68	M	West Sacramento	CA	1.2 mile	49:17.7	67
220	chris	gale	39	M	Roseville	CA	1.2 mile	49:45.4	68
276	Seth	Robinson	44	M	Folsom	CA	1.2 mile	56:33.2	74

#### Under 19 Age Group

Bib	First Name	Last Name	Age	M/F	City	State	Distance	Time	Place
264	Owen	Yancher	15	M	Davis	CA	1.2 mile	28:22.9	1
266	Brendan	McKeen	15	M	Windsor	CA	1.2 mile	33:42.3	2
204	Garrison	Carter	18	M	wilton	CA	1.2 mile	33:48.4	3

#### 19 to 29 Age Group

Bib	First Name	Last Name	Age	M/F	City	State	Distance	Time	Place
256	Logan	Trudell	19	M	Rocklin	CA	1.2 mile	32:23.3	1
241	Cody	Palmer	22	M	Roseville	CA	1.2 mile	36:29.2	2
267	Andrew	Barrow	29	M	Victorville	CA	1.2 mile	43:15.4	3

#### 30 to 39 Age Group

Bib	First Name	Last Name	Age	M/F	City	State	Distance	Time	Place
250	Kevin	Seals	31	M	Rocklin	CA	1.2 mile	30:54.2	1
226	William	Hooks	39	M	CA	CA	1.2 mile	40:43.6	2
205	Sunny	Bae	32	M	Sacramento	CA	1.2 mile	49:03.9	3
220	chris	gale	39	M	Roseville	CA	1.2 mile	49:45.4	4

#### 40 to 49 Age Group

Bib	First Name	Last Name	Age	M/F	City	State	Distance	Time	Place
210	Shane	Bonnar	45	M	Roseville	CA	1.2 mile	30:51.2	1
240	Steve	Palmer	41	M	New Castle	CA	1.2 Mile	32:25.0	2
238	Mark	Nordberg	41	M	Sacramento	CA	1.2 mile	33:16.6	3
218	dennis	ehrenberger	48	M	roseville	CA	1.2 mile	33:27.2	4
268	Jonathan	Morrison	44	M	Roseville	CA	1.2 mile	37:19.4	5
231	robert	lawrence	44	M	roseville	CA	1.2 mile	40:22.4	6
270	Matt	Cassayre	43	M	Rocklin	CA	1.2 mile	41:23.7	7
254	Matt	Swanson	48	M	Folsom	CA	1.2 mile	43:23.6	8
222	Jason	Gardner	43	M	Folsom	CA	1.2 mile	46:04.2	9
276	Seth	Robinson	44	M	Folsom	CA	1.2 mile	56:33.2	10

#### 50 to 59 Age Group

Bib	First Name	Last Name	Age	M/F	City	State	Distance	Time	Place
227	Peter	Hradecky	50	M	Roseville	CA	1.2 mile	30:09.0	1
265	Ross	Yancher	59	M	Davis	CA	1.2 mile	31:29.3	2
260	William	Vogler	54	M	Placerville	CA	1.2 mile	36:30.8	3
275	Tom	Kreuger	54	M	Auburn	CA	1.2 mile	41:28.6	4

#### 60+ Age Group

Bib	First Name	Last Name	Age	M/F	City	State	Distance	Time	Place
211	Peter	Brinckerhoff	66	M	Rocklin	CA	1.2 mile	35:40.4	1
263	Dan	Winterrowd	62	M	Pilot Hill	CA	1.2 mile	35:43.4	2

333	Paul	Stock	60	M	EL DORADO HILLS	CA	1.2 Mile	37:03.1	3
258	Robert	Ueltzen	62	M	Fair Oaks	CA	1.2 mile	42:57.4	4
269	Joe	O'Flaherty	66	M	Auburn	CA	1.2 mile	43:42.6	5
213	Geoff	Capell	70	M	Lincoln	CA	1.2 mile	43:44.8	6
323	keith w	miller	61	M	sacramento	CA	1.2 Mile	44:06.1	7
280	Howard	Alpert	65	M	El Dorado Hills	CA	1.2 mile	48:24.2	8
246	Bill	Roehr	68	M	West Sacramento	CA	1.2 mile	49:17.7	9

### 2.4 Mile Swim

**NOTE: Times in excess of 60 minutes will show only minutes:seconds.tenths**

<b>Overall</b>									
<b>Bib</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>M/F</b>	<b>City</b>	<b>State</b>	<b>Distance</b>	<b>Time</b>	<b>Place</b>
346	Jeffrey	Clayton	33	M	Lincoln	CA	2.4 mile	01:31.3	1
322	Matt	Marlatt	33	M	west sacramento	CA	2.4 mile	01:43.3	2
317	Christopher	Lee	27	M	Sacramento	CA	2.4 mile	03:07.2	3
354	Dan	Heil	56	M	Elk Grove	CA	2.4 mile	04:17.9	4
305	Hernan	Comparini	35	M	West Sacramento	CA	2.4 mile	05:17.3	5
314	Michel	Grosz	26	M	Davis	CA	2.4 mile	08:21.1	6
338	Kevin	Toumajian	36	M	Rocklin	CA	2.4 mile	10:20.0	7
319	Greg	Loos	45	M	EL DORADO HILLS	CA	2.4 mile	11:28.9	8
352	Rich	Saint	48	M	Antelope	CA	2.4 mile	11:33.2	9
327	Dane	schweitzer	41	M	folsom	CA	2.4 mile	11:57.9	10
353	Eran	Geva	30	M	Folsom	CA	2.4 mile	12:41.4	11
310	Myron	Dong	48	M	Fair Oaks	CA	2.4 mile	15:23.1	12
324	Daniel	Norris	29	M	Folsom	CA	2.4 mile	16:04.5	13
311	mark	drewelow	49	M	Encinitas	CA	2.4 mile	16:05.1	14
342	Jeff	Alves	52	M	Elk Grove	CA	2.4 mile	16:12.3	15
330	Karl	Sjogren	59	M	Oakland	CA	2.4 mile	18:26.1	16
344	Jordan	Guaresi	27	M	Sacramento	CA	2.4 mile	19:49.0	17
347	Travis	Rosberry	29	M	Citrus Heights	CA	2.4 mile	20:12.4	18
348	Tom	Jacobson	63	M	San Francisco	CA	2.4 mile	21:53.7	19
356	Dan	Streetman	45	M	El Dorado Hills	CA	2.4 mile	22:55.3	20
355	Chuck	Olson	57	M	Auburn	CA	2.4 mile	23:05.4	21
308	Mark	Davis	37	M	sacramento	CA	2.4 mile	23:29.3	22
325	John	Schwaner	63	M	sacramento	CA	2.4 mile	24:13.2	23
306	Will	Davis	61	M	Davis	CA	2.4 Mile	28:17.5	24
321	Richard	March	44	M	west sacramento	CA	2.4 mile	30:05.8	25
316	Keith	Lee	56	M	Sunnyvale	CA	2.4 mile	39:58.3	26
343	Jim	Nguyen	39	M	Sacramento	CA	2.4 mile	42:00.8	27

**19-29 Age Group**

<b>Bib</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>M/F</b>	<b>City</b>	<b>State</b>	<b>Distance</b>	<b>Time</b>	<b>Place</b>
317	Christopher	Lee	27	M	Sacramento	CA	2.4 mile	03:07.2	1
314	Michel	Grosz	26	M	Davis	CA	2.4 mile	08:21.1	2
324	Daniel	Norris	29	M	Folsom	CA	2.4 mile	16:04.5	3
344	Jordan	Guaresi	27	M	Sacramento	CA	2.4 mile	19:49.0	4
347	Travis	Rosberry	29	M	Citrus Heights	CA	2.4 mile	20:12.4	5

**30-39 Age Group**

<b>Bib</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>M/F</b>	<b>City</b>	<b>State</b>	<b>Distance</b>	<b>Time</b>	<b>Place</b>
346	Jeffrey	Clayton	33	M	Lincoln	CA	2.4 mile	01:31.3	1
322	Matt	Marlatt	33	M	west sacramento	CA	2.4 mile	01:43.3	2
305	Hernan	Comparini	35	M	West Sacramento	CA	2.4 mile	05:17.3	3
338	Kevin	Toumajian	36	M	Rocklin	CA	2.4 mile	10:20.0	4
353	Eran	Geva	30	M	Folsom	CA	2.4 mile	12:41.4	5
308	Mark	Davis	37	M	sacramento	CA	2.4 mile	23:29.3	6
343	Jim	Nguyen	39	M	Sacramento	CA	2.4 mile	42:00.8	7

**40-49 Age Group**

<b>Bib</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>M/F</b>	<b>City</b>	<b>State</b>	<b>Distance</b>	<b>Time</b>	<b>Place</b>
319	Greg	Loos	45	M	EL DORADO HILLS	CA	2.4 mile	11:28.9	1
352	Rich	Saint	48	M	Antelope	CA	2.4 mile	11:33.2	2
327	Dane	schweitzer	41	M	folsom	CA	2.4 mile	11:57.9	3
310	Myron	Dong	48	M	Fair Oaks	CA	2.4 mile	15:23.1	4
311	mark	drewelow	49	M	Encinitas	CA	2.4 mile	16:05.1	5
356	Dan	Streetman	45	M	El Dorado Hills	CA	2.4 mile	22:55.3	6
321	Richard	March	44	M	west sacramento	CA	2.4 mile	30:05.8	7

**50-59 Age Group**

<b>Bib</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>M/F</b>	<b>City</b>	<b>State</b>	<b>Distance</b>	<b>Time</b>	<b>Place</b>
354	Dan	Heil	56	M	Elk Grove	CA	2.4 mile	04:17.9	1
342	Jeff	Alves	52	M	Elk Grove	CA	2.4 mile	16:12.3	2
330	Karl	Sjogren	59	M	Oakland	CA	2.4 mile	18:26.1	3
355	Chuck	Olson	57	M	Auburn	CA	2.4 mile	23:05.4	4
316	Keith	Lee	56	M	Sunnyvale	CA	2.4 mile	39:58.3	5

**60+ Age Group**

<b>Bib</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>M/F</b>	<b>City</b>	<b>State</b>	<b>Distance</b>	<b>Time</b>	<b>Place</b>
348	Tom	Jacobson	63	M	San Francisco	CA	2.4 mile	21:53.7	1
325	John	Schwamer	63	M	sacramento	CA	2.4 mile	24:13.2	2
306	Will	Davis	61	M	Davis	CA	2.4 Mile	28:17.5	3













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