

2013 FLOW Overall Results

0.6 Mile Swim

Bib	First Name	Last Name	Age	M/F	City	State	Distance	Time	Place
112	Patrick	Serpa	51	M	Tracy	CA	0.6 mile	18.08	1
350	Jim	Davis	55	M	Roseville	CA	0.6 mile	22.21	2
109	Dan	Valentini	52	M	ROCKLIN	CA	0.6 mile	29.25	3
110	Terri	McCracken	43	F	San Francisco	CA	0.6 mile	30.58	4
103	Kathie	Keber	65	F	Davis	CA	0.6 mile	33.11	5
104	Stephenie	Liu	41	F	West Sacramento	CA	0.6 mile	33.39	6
105	Stephanie	Lopez	42	F	Sacramento	CA	0.6 mile	36.56	7
101	Natalya	Blatova	30	F	El Dorado Hills	CA	0.6 mile	38.13	8
102	Joyce	Dela Cruz	46	F	ROCKLIN	CA	0.6 mile	40.28	9
106	Sue	Moertz	63	F	Davis	CA	0.6 mile	44.35	10

1.2 Mile Swim

NOTE: Times in excess of 60 minutes will show only minutes:seconds.tenths

Bib	First Name	Last Name	Age	M/F	City	State	Distance	Time	Place
264	Owen	Yancher	15	M	Davis	CA	1.2 mile	28:22.9	1
227	Peter	Hradecky	50	M	Roseville	CA	1.2 mile	30:09.0	2
210	Shane	Bonnar	45	M	Roseville	CA	1.2 mile	30:51.2	3
250	Kevin	Seals	31	M	Rocklin	CA	1.2 mile	30:54.2	4
262	Elise	Winter	40	F	Penryn	CA	1.2 mile	31:22.2	5
265	Ross	Yancher	59	M	Davis	CA	1.2 mile	31:29.3	6
256	Logan	Trudell	19	M	Rocklin	CA	1.2 mile	32:23.3	7
240	Steve	Palmer	41	M	New Castle	CA	1.2 Mile	32:25.0	8
232	Joyce	Leary	37	F	Sacramento	CA	1.2 mile	33:11.8	9
238	Mark	Nordberg	41	M	Sacramento	CA	1.2 mile	33:16.6	10
218	dennis	ehrenberger	48	M	roseville	CA	1.2 mile	33:27.2	11
259	Alexi	Ueltzen	27	F	Oakland	CA	1.2 mile	33:34.7	12
266	Brendan	McKeen	15	M	Windsor	CA	1.2 mile	33:42.3	13
203	Nye	Avilla	15	F	wilton	CA	1.2 mile	33:48.0	14
204	Garrison	Carter	18	M	wilton	CA	1.2 mile	33:48.4	15
249	Jamie	Schellenberg	32	F	Pleasanton	CA	1.2 mile	34:58.2	16
239	Gwen	Owens	47	F	Sacramento	CA	1.2 mile	35:11.9	17
211	Peter	Brinckerhoff	66	M	Rocklin	CA	1.2 mile	35:40.4	18
263	Dan	Winterrowd	62	M	Pilot Hill	CA	1.2 mile	35:43.4	19
241	Cody	Palmer	22	M	Roseville	CA	1.2 mile	36:29.2	20
260	William	Vogler	54	M	Placerville	CA	1.2 mile	36:30.8	21
333	Paul	Stock	60	M	EL DORADO HILLS	CA	1.2 Mile	37:03.1	22
212	Janet	Cahill	46	F	Folsom	CA	1.2 mile	37:03.1	23
268	Jonathan	Morrison	44	M	Roseville	CA	1.2 mile	37:19.4	24
279	Myranda	Love	17	F	Sacramento	CA	1.2 mile	37:27.3	25
274	Dana	Jones	48	F	Sacramento	CA	1.2 mile	37:36.2	26
242	natasha	paterson	30	F	carmichael	CA	1.2 mile	38:06.9	27
273	Eileen	Newhall	50	F	Carmichael	CA	1.2 mile	38:35.6	28

277	Susan	Alexander	41	F	Grass Valley	CA	1.2 mile	39:18.9	29
272	Sarah	Lyssand	25	F	Fair Oaks	CA	1.2 mile	40:09.4	30
351	Jennifer	Serpa	46	F	Elk Grove	CA	1.2 mile	40:16.9	31
216	Cathy	Crosthwaite	49	F	Loomis	CA	1.2 mile	40:20.8	32
207	Katherine	Bandy	31	F	Sacramento	CA	1.2 mile	40:21.0	33
251	Ashley	Selzer	30	F	El Dorado Hills	CA	1.2 mile	40:21.5	34
231	robert	lawrence	44	M	roseville	CA	1.2 mile	40:22.4	35
206	Stacey	Ball	37	F	West Sacramento	CA	1.2 mile	40:40.2	36
226	William	Hooks	39	M	CA	CA	1.2 mile	40:43.6	37
111	Dana	Haldeman	38	F	Auburn	CA	1.2 mile	40:56.8	38
270	Matt	Cassayre	43	M	Rocklin	CA	1.2 mile	41:23.7	39
255	Kimberly	Swift	30	F	West Sacramento	CA	1.2 mile	41:26.1	40
275	Tom	Kreuger	54	M	Auburn	CA	1.2 mile	41:28.6	41
271	Mary Ann	Shuller	32	F	Folsom	CA	1.2 mile	41:32.6	42
244	Jill	Race	46	F	Roseville	CA	1.2 mile	41:41.1	43
258	Robert	Ueltzen	62	M	Fair Oaks	CA	1.2 mile	42:57.4	44
215	Michaela	Cornell	38	F	Auburn	CA	1.2 mile	42:59.4	45
281	Kristi	Scobie	41	F	Pleasanton	CA	1.2 mile	43:06.7	46
252	Natalie	Silvia	34	F	Roseville	CA	1.2 mile	43:07.5	47
261	Connie	Wilson	64	F	Meadow Vista	CA	1.2 mile	43:14.7	48
267	Andrew	Barrow	29	M	Victorville	CA	1.2 mile	43:15.4	49
237	Julie	Murdaugh	35	F	Citrus Heights	CA	1.2 mile	43:16.4	50
278	Becca	Drunbor	41	F	Sacramento		1.2 mile	43:20.4	51
254	Matt	Swanson	48	M	Folsom	CA	1.2 mile	43:23.6	52
269	Joe	O'Flaherty	66	M	Auburn	CA	1.2 mile	43:42.6	53
213	Geoff	Capell	70	M	Lincoln	CA	1.2 mile	43:44.8	54
208	Lauren	Bayha	33	F	Carmichael	CA	1.2 mile	43:57.3	55
323	keith w	miller	61	M	sacramento	CA	1.2 Mile	44:06.1	56
257	Tayma	Ueltzen	22	F	Fair Oaks	CA	1.2 mile	44:08.2	57
236	Leyne	Milstein	46	F	Sacramento	CA	1.2 mile	44:14.3	58
214	Tiffany	Colasanti	32	F	Sacramento	CA	1.2 mile	44:46.6	59
223	Pam	Goodley	55	F	Sacramento	CA	1.2 mile	45:07.6	60
230	Rosie	Kracher	46	F	Orangevale	CA	1.2 Mile	45:08.9	61
108	jessica	wickwire	43	F	rocklin	CA	1.2 mile	45:44.6	62
222	Jason	Gardner	43	M	Folsom	CA	1.2 mile	46:04.2	63
349	Elizabeth	Hunt	26	F	Roseville	CA	1.2 mile	46:56.2	64
248	Kelly	Scanlan	53	F	Foresthill	CA	1.2 mile	47:11.7	65
229	Nicole	Kelley	37	F	Loomis	CA	1.2 mile	47:38.6	66
280	Howard	Alpert	65	M	El Dorado Hills	CA	1.2 mile	48:24.2	67
234	Francesca	Marsh	50	F	Dixon	CA	1.2 mile	48:37.9	68
205	Sunny	Bae	32	M	Sacramento	CA	1.2 mile	49:03.9	69
246	fBill	Roehr	68	M	West Sacramento	CA	1.2 mile	49:17.7	70
220	chris	gale	39	M	Roseville	CA	1.2 mile	49:45.4	71
201	Hillary	Albrecht	51	F	Newcastle	CA	1.2 mile	51:30.7	72
245	Rosie	Reyes	41	F	Gold River	CA	1.2 mile	54:08.9	73
243	Patricia	Quinn	67	F	Davis	CA	1.2 mile	54:59.7	74
217	Kerrie	Dixon	44	F	Rancho Cordova	CA	1.2 mile	55:54.1	75

224	Carolyn	Hanley	54	F	Sacramento	CA	1.2 mile	55:56.8	76
276	Seth	Robinson	44	M	Folsom	CA	1.2 mile	56:33.2	77
253	Mary	Stires	59	F	Modesto	CA	1.2 mile	57:21.1	78
233	June	Lucena	50	F	Placerville	CA	1.2 mile	57:51.0	79
303	Karen	Bonnett	56	F	West Sacramento	CA	1.2 Mile	58:01.2	80
225	Elizabeth	Hansen	42	F	West Sacramento	CA	1.2 mile	59:29.4	81
247	MICHELLE	ROSENBERG	46	F	Roseville	CA	1.2 mile	01:50.7	82
209	Viki	Benbow	64	F	El Dorado Hills	CA	1.2 mile	10:54.4	83

2.4 Mile Swim

NOTE: Times in excess of 60 minutes will show only minutes:seconds.tenths

Bib	First Name	Last Name	Age	M/F	City	State	Distance	Time	Place
346	Jeffrey	Clayton	33	M	Lincoln	CA	2.4 mile	01:31.3	1
322	Matt	Marlatt	33	M	west sacramento	CA	2.4 mile	01:43.3	2
339	Jordan	Vermette	15	F	Davis	CA	2.4 mile	02:31.8	3
317	Christopher	Lee	27	M	Sacramento	CA	2.4 mile	03:07.2	4
354	Dan	Heil	56	M	Elk Grove	CA	2.4 mile	04:17.9	5
305	Hernan	Comparini	35	M	West Sacramento	CA	2.4 mile	05:17.3	6
314	Michel	Grosz	26	M	Davis	CA	2.4 mile	08:21.1	7
341	Lindabeth	Schmucker	57	F	Davis	CA	2.4 mile	08:44.7	8
318	Elizabeth	Levin	48	F	Elk Grove	CA	2.4 Mile	08:51.8	9
332	Alexandra	Stanczyk	27	F	Chicago	IL	2.4 mile	09:40.5	10
338	Kevin	Toumajian	36	M	Rocklin	CA	2.4 mile	10:20.0	11
319	Greg	Loos	45	M	EL DORADO HILLS	CA	2.4 mile	11:28.9	12
352	Rich	Saint	48	M	Antelope	CA	2.4 mile	11:33.2	13
327	Dane	schweitzer	41	M	folsom	CA	2.4 mile	11:57.9	14
353	Eran	Geva	30	M	Folsom	CA	2.4 mile	12:41.4	15
340	Michelle	Weigand	43	F	Roseville	CA	2.4 mile	13:36.5	16
304	Kelly	Capell	30	F	Roseville	CA	2.4 mile	13:42.2	17
302	Janet	Beegle	46	F	San Jose	CA	2.4 mile	14:01.0	18
320	Brenda	Lusk	30	F	Sacramento	CA	2.4 Mile	15:09.3	19
310	Myron	Dong	48	M	Fair Oaks	CA	2.4 mile	15:23.1	20
324	Daniel	Norris	29	M	Folsom	CA	2.4 mile	16:04.5	21
311	mark	drewelow	49	M	Encinitas	CA	2.4 mile	16:05.1	22
342	Jeff	Alves	52	M	Elk Grove	CA	2.4 mile	16:12.3	23
330	Karl	Sjogren	59	M	Oakland	CA	2.4 mile	18:26.1	24
326	laura	schweitzer	43	F	folsom	CA	2.4 mile	18:33.5	25
344	Jordan	Guaresi	27	M	Sacramento	CA	2.4 mile	19:49.0	26
347	Travis	Rosberry	29	M	Citrus Heights	CA	2.4 mile	20:12.4	27
348	Tom	Jacobson	63	M	San Francisco	CA	2.4 mile	21:53.7	28
356	Dan	Streetman	45	M	El Dorado Hills	CA	2.4 mile	22:55.3	29
355	Chuck	Olson	57	M	Auburn	CA	2.4 mile	23:05.4	30
308	Mark	Davis	37	M	sacramento	CA	2.4 mile	23:29.3	31
329	Lorena	Sims	32	F			2.4 Mile	24:00.7	32
325	John	Schwamer	63	M	sacramento	CA	2.4 mile	24:13.2	33
331	Karen	Smith	64	F	Sacramento	CA	2.4 mile	27:15.2	34

307	Diane	Davis	62	F	Davis	CA	2.4 Mile	28:16.6	35
306	Will	Davis	61	M	Davis	CA	2.4 Mile	28:17.5	36
321	Richard	March	44	M	west sacramento	CA	2.4 mile	30:05.8	37
328	Traci	Seto	44	F	Wilton	CA	2.4 Mile	35:21.6	38
345	Cyndy	McCormick	41	F	Clarksburg	CA	2.4 mile	35:52.0	39
316	Keith	Lee	56	M	Sunnyvale	CA	2.4 mile	39:58.3	40
301	Gay	Bawanan	39	F	Sacramento	CA	2.4 mile	40:09.5	41
343	Jim	Nguyen	39	M	Sacramento	CA	2.4 mile	42:00.8	42
336	Tamara	Sutton	36	F	el dorado hills	CA	2.4 mile	42:25.8	43
309	Patricia	Decker	48	F	Sacramento	CA	2.4 mile	46:39.7	44